RESTRAINTS MUST PUT CALORIES ON MENUS

Restaurants in New York City must now put calories on their menus. The decision, made by Judge Richard Holwell, will affect around 2,000 different places, including big-name chains such as McDonald’s and Starbucks. This figure makes up almost ten percent of all the restaurants in the city. The city’s Department of Health believes the new governmental rule on providing calorie information will help achieve its goal of reducing obesity. Judge Holwell said: “It seems reasonable to expect that some consumers will use the information given to select lower calorie meals…and these choices will lead to a lower rate of obesity.” New York’s health commissioner Dr Frieden stated the decision was a victory for New Yorkers.

Many of the restaurants affected by the new ruling are not happy. New York State Restaurant Association official Chuck Hunt said restaurants should decide if they wanted to include calories on their menus. He added that most of the restaurants affected were already providing this information, but in a different format. Dr Frieden disagreed and said that McDonald’s and Kentucky Fried Chicken were desperate to keep that information out of the hands of their customers.

Adapted from http://www.bbcnews.com

QUESTIONS

I. READING COMPREHENSION. (2 POINTS) (0.5 points for each correct answer)
Add TRUE or FALSE and copy the evidence from the text to support your answer.
NO marks are given for only true or false.

1. All restaurants in New York City have to put calories on their menus.
2. The city is trying to increase the levels of obesity among New Yorkers.
3. Some restaurants in New York City provide information on calories.
4. McDonald’s wants to keep quiet about calorie information.

II. CHOOSE TWO OUT OF THE THREE QUESTIONS:

A. EXPRESSING THE MAIN IDEAS. (1 POINT) (0.5 points for each correct answer)
Answer the following questions according to the information given in the text. Where possible, use your own words.

1. What do the authorities expect from the decision of posting calorie information on menus?
2. Do restaurants and health authorities agree on providing calorie information? Why?

B. LEXICON. (1 POINT) (0.25 points for each correct answer)
Find words or phrases in the text that mean the same as these given.

1. Groups of shops, restaurants, etc. owned by the same company.
2. A number presenting a particular amount.
3. Something that you hope to achieve.
4. Extremely worried about something.

C. PHONETICS. (1 POINT) (0.25 points for each correct answer)

1. Write two past forms from the text that include the same sound as "affected" /ɪd/. (0.5)
2. Write two words from the text that include the same sound as "See" /iː/. (0.5)

III. USE OF ENGLISH. (3 POINTS) (0.5 for each correct answer)
Rewrite the following sentences starting with the words given.

1. She started drinking too much alcohol three years ago.
   She has…

2. I don’t have a computer so I can’t type the essay on English grammar.
   If I …

3. Despite having been vaccinated he caught the flu.
   Although he…

4. “We will arrest them for illegal entry in the country”, the policeman said.
   The policeman said …

5. The teacher glued the pieces of the broken toy.
   The pieces…

6. It is possible that I finish work earlier than usual today.
   I …

IV. COMPOSITION. (3 POINTS)
Write a composition of between 100 and 125 words on ONE of the following topics. Specify your option.

- Describe your favourite restaurants and/or meals.
- In your opinion, what are the main health problems in your country?